

GOVERNOR'S MENTAL HEALTH SERVICES PLANNING COUNCIL MEETING
MINUTES: March 6, 2006
Colby, KS
9-3

MEMBERS PRESENT:

Wes Cole, Jim Deister, Paul Turnbull, Scott Jackson, Linda Witten, Walt Hill, , Roy Menninger, Kimberly Roady, Tom Ward, Gary Parker, Marlan Ratzlaff, Karen Beckerman

Ex-Officio: none attending

By Conference call during business meeting: Jane Adams and Karen Ford Manza

MEMBERS ABSENT Excused: Jo Lowe, Roger Hayden, Fran Seymour-Hunter, Norma Phillips, Steve Erikson, Sarah Riley, Bobby Rine, Patricia Long, Valerie Merrow, Denise Baynham, Cherie Bledsoe

MEMBERS ABSENT Unexcused: Kevin Cherveney, Cecelia Meitner, Mary Vilmer

SRS STAFF PRESENT: Becky Rinehart

Guests Present: See attached sheet

1. WELCOME/CALL MEETING TO ORDER:

Wes Cole, Council Chair, called the meeting to order at 9:05 am. The council and guests in attendance introduced themselves.

2. LAST MEETING MINUTES: Minutes from January meeting were not available for approval. Minutes are placed on the website after approval.

www.srskansas.org/hcp/mhsip/index.html

3. ANNOUNCEMENTS:

- a) Mental Health Advocacy Day will be held on March 7, and the council will be a part of that at the capitol. Wes had asked that all subcommittees turn in a informational page for the council to hand out at the Advocacy Day table, in addition to having several subcommittee members present to answer questions during the time the council has an "Open Meeting".
- b) Parity Task Force has met three times and they are looking at the barriers to services. They will be having some family members as guests who have experienced difficulty in getting insurance companies to cover services. MH is a part of Health Care and it is insurance driven, not consumer driven. The next meeting of the task force is March 24 at the Association in Topeka, from 10-12. Wes asked that Lee Flamik attend this meeting.
- c) The Three R committee has adopted the Forensic Subcommittee (FSC) recommendation that a single state entity be created to oversee all forensic mental health issues in the state. The recommendation now goes to the legislature. The FSC will be following this closely.

- d) Transformation Subcommittee will be meeting on Friday, Mar. 10 at the Association offices in Topeka from 10-3. A presentation was made by the co-chairs to the legislature on last Friday. There will be a new person hired by SRS Administrative offices to help the subcommittee, and their other responsibilities will include the Real Choices Grant monitoring.
- e) At the next meeting, Wes will have a list of the CMHCs and the SMHH for people to sign up to visit and report back to the council.
- f) State Mental Health Block Grant Planner discussed the meeting she attended in Baltimore during Feb. At this that meeting it was learned that the federal government has no new funding for transformation. Therefore, they are looking at a base amount (from the allotment from 1998) and whatever funding over that the states are receiving will be slated for transformation activities. For Kansas this will amount to around \$800,000. Some of this amount will already qualify in Kansas such as the CROs and the pilot projects currently funded through the block grant. Funds above the amount for these projects will likely be pulled back from the CMHCs which currently receive the largest portion of the block grant funding. The planner would like to see the excess funding put out through an RFP process for the CMHCs and other qualified stakeholder groups to apply for the creation of new transformational projects across the state. Review of RFPs would include people from the council, state SRS central office, transformation subcommittee, consumers and family members, and stakeholders. Some of the information will be shared with the council members at another time.
- g) The council would like to have Fran Seymore-Hunter (council member) talk about the changes coming in Medicaid, as well as the "medical necessity" term and what it means for mental health consumers and families.
- h) NAMI report came out on March 3rd and Kansas received an "F". Most of the council members in attendance had not seen the report and there were questions on the validity of the "findings". Wes pointed out that this report is "NAMI's perception of how it is in Kansas, and there are other perceptions, that other people have that are different from NAMI's". The director of NAMI Kansas will be attending the April 10 meeting of the council in Topeka to discuss the "Report Card" after the council has had a chance to read and review. The report can be downloaded at NAMI.org.

4. REVIEW OF AGENDA ITEMS

1ST TOPIC:

CAC and The Knowledge Base Expansion Project

Gary Parker presented the information that Cherie Bledsoe had provided for the council. The CAC received a grant from SRS MH to expand the knowledge base of Kansas consumers, to help identify and "recruit" new leaders as well as to strengthen and unite the movement in Kansas. Three meetings have been set up regionally across the state: March 22 in Topeka; March 29 in Independence; and the Western Kansas meeting is still in process- but likely will be held in May at LSH. In addition to the meetings, the CAC is

www.srskansas.org/hcp/mhsip/index/html

<http://www.srskansas.org/hcp/mhsatr/MHmain.htm>

preparing a "White Paper" on the topic of what a consumer is. Gary is also going to provide a copy of the draft definition of a consumer put out by CMHS.
(see handout from Cherie and Gary)

ACTION TAKEN: none needed

RESPONSIBLE PERSON (S): n/a

TARGET DATE: n/a

2nd TOPIC:

General subcommittee updates to council & Council Member reports/updates (general)

H&H- Gary Parker- there have been cuts of up to 50% in housing across the nation, it is unclear how this will affect Kansas yet. They will send Becky more information about this.

SDS-Scott Jackson: The subcommittee meeting scheduled for Feb. was cancelled, next meeting is March 20.

Aging-no one was in attendance from this subcommittee.

VR/SE- Jim Deister: Next meeting is April 13 in Salina. They have set up 6 task forces: Transitional Youth, Medicaid, Partnering with Corrections, Obtaining and Maintaining Employment, Education of Employers, and Implementing EBPs within Supported Employment.

Forensics-Tom Ward: March 15 is next meeting. Christy Blanchard will replace Brad Grinage as chair. The subcommittee is looking for consumers with experience with the justice system to join the group. Wes told him that the TSC will be giving a list of possible consumers and family members to all the subcommittees of people that are willing to participate.

Children's- Kimberly Roady, Karen Beckerman & Linda Witten: Next meeting is March 22 at KNI in Topeka. Subcommittee has split into three groups to look at areas of priority: Accountability (looking at barriers, determining how best to advocate for services); Transitioning back into the community after hospitalization (working with the schools and community); EBP's for children's services (trying to meet with a KU group on Children's EBP's; what constitutes a "Best Practice"?).

ACTION TAKEN: EBPs need to be an agenda Item for the future. This is an area that needs to be reviewed. Many EBPs do not work the same (and validity has not been established) in rural and frontier areas. Possibly have presentations by EBP committees or others with expertise in this area.

In addition, it was stated that using EBPs may not be in keeping with the NFC recommendation that all consumers have an individualized treatment plan.

RESPONSIBLE PERSON (S): Becky

TARGET DATE: For May meeting

Public Comment:

NAMI is putting out the results of a national survey where NAMI has rated the states and given "grades". Kansas received an "F". Mary Odum from NAMI in Hays told the group

www.srskansas.org/hcp/mhsip/index/html

<http://www.srskansas.org/hcp/mhsatr/MHmain.htm>

they can download the full report at NAMI.org/grades she told them the methodology is also included in the report. NAMI says that the grading is based on the survey's the SMHA sent to NAMI. The state central office staff is reviewing as they are uncertain how their answers translated into this grade of "F".

10:45-12:30 Lunch provided at and by "Wings Upon the Prairie" (Colby's CRO) Donations were accepted. Lunch was prepared and served by the members of the Colby CRO. Sloppy Joes, chips, potatoes salad and baked beans were delicious. Homemade Cobblers topped off the menu. The CRO has about 30 members, of them around 15 or so usually attend functions at the same time. The CRO also has gatherings with some of the other CROs in the area. In addition, they have the good will and support of the area businesses, including Wal-Mart and an area bank that both provide grant funding to the organization.

TOUR: High Plains Mental Health Center, Colby Satellite Office:

The council visited the High Plains Mental Health Center satellite office in Colby. The main office is located in Hays. Walt Hill (council member) and his Colby staff showed the council how High Plains uses TVC (Televideo Conferencing) to connect consumers with their psychiatrists, and sometimes with therapists or case managers. This system is generally used after the consumers and family members have been seen face to face and used when the consumer is comfortable with the system. It is helpful to be able to use this technology, as the area covered in this CMHC catchment area is 20,000 acres. (See handout from Walt)

TOUR: Colby House Apartments

The Colby House Apartments are subsidized with the help of HPMHC. The council saw an apartment that is currently vacant. It is the only available one at this time. In addition, the area that some community group treatment programs are held was visited.

Additional Items: none

1. Mental Health Advocacy Day at the Statehouse is March 7, 2006
2. Next council meeting will be on April 10, in Topeka.

NEXT GMHSPC MEETINGS:

April 10, 2006 Topeka and Shawnee County Public Library, Marvin Auditorium
May 15, Topeka, KS- SRS Learning Center Room D

ADJOURNMENT: Meeting adjourned at 2:30 pm

Attachment 1:

GUESTS PRESENT 3-06-06

NAME	REPRESENTING
Lee Flamik	LSH
Mary Odum	NAMI
Miriam Turnbull	Self
Angela Hagen	SRS Field Staff