

**Minutes from the Service Delivery Systems (SDS) Subcommittee of  
The Governor's Mental Health Services Planning Council  
February 16, 2005 9am - 12noon  
TSCPL Marvin Auditorium**

**Member Attendees:**

Scott Jackson	Lori Nuebel	Ron Denney
Terry Seirer Becker	Rosemary Mohr	Lee Flamik
Wes Jones	Gary Parker	Maggie Rasette
Marlan Ratzlaff	Lois Clendening	Kathy Harmon
Su Budd	Mike Hammond	Steve Feinstein
Richard Dyer, MD	Deborah Burrows Dameron	James Karlan

**Members Absent:**

Bradley Grinage, MD	Deborah Stern	Judge Thomas Saxton
Jo Lowe	Bruce Linhos	Sheri Albright
Teresa Berry	Toni Albright	Robert Hecht

**Guests:**

Wes Cole- Chair of GMHSPC

**SRS Support Staff:**

Brad Kirmer- Children's Mental Health, Melba Sutton- Addiction and Prevention Services,  
Nocona Pewewardy- Data Integration, Becky Rinehart Planning and Communications  
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**Please put the DATE and the Presenters Name on any handouts for the Subcommittee.**

Co-Chairs Scott Jackson and Ron Denney called the meeting to order and welcomed everyone. The Subcommittee introduced themselves. The Minutes from the January 19 meeting were approved with changes.

Ron told the subcommittee he was moving the Array of Services discussion to the end and asked members to proceed with presentations to the group.

- Lori Nuebel- *Map of providers and group Homes*-Lori gave the group a handout of the list of RCFs (Residential Care Facilities). The map will be available next month. The majority of the facilities are in Topeka. Rose Mary told the group that the capacity in Wichita is always at 90-100% and at least four of the facilities in Wichita area are transitional and work with housing specialists. All facilities are operated differently; for

example, Valeo in Topeka -crisis beds and attendant care. SRS MH licenses these facilities (but not to provide mental health services). It was noted that there are no facilities of this type in the western part of the state. They are NOT funded by the state they are all private facilities and most use SSI or SSDI income to pay. Some are non-licensed and fall into the 2-4-bed category- outside the state licensing. Other facilities are also available such as crisis beds at COMCARE with stays ranging up to 28 days and providing crisis/transition/diversion beds. There are also apartments available. Rose Mary believes that access to services is limiting the ownership of these facilities. SW Guidance has been using TBRA to provide independent living and after two years, tenants can qualify for section 8. Some of the facilities (such as the transitional apartments) are really not adequate living conditions.

- Lori will work on a list of total # facilities and total # of beds, as well as whether information is available on LOS.
- A listing of the Homeless Shelters in Kansas was handed out. State Housing agency funds shelters, they serve all Kansans. Barry Feaker from the Topeka Rescue Mission would probably be willing to come and talk to the subcommittee if requested.
- According to the World Health Organization (WHO) by 2020, the most prevalent diagnoses in mental health will be depression and PTSD (Post Traumatic Stress Disorder).
- Mike Hammond discussed the fact that although prevalence remains stable, there are increases in admissions to the system of mental health due in large part to increased services, reduction of stigma, and many of the people entering the system are new (up to one half). Treatment upfront is less costly, and the legislature will be looking at this issue during 2005.
- The SDS Subcommittee is already being spoken of in a positive manner in legislative circles, and will likely be one of the most credible places they can send requests to.
- Maggie and Melba- *Updated Hospital maps and data*-Maggie told the group she would bring the information she has to the next meeting. Melba handed out a list of the AAPS licensed Social and Medical Detox providers. There are 9 social with 99 beds, and 2 medical with 22 beds. There is inadequate funding particularly for CO-occurring. Jim Karlan remarked there are no SA treatment facilities in the western part of the state.
  - Melba will look for information on total numbers served and other social detox
- Brad Kirmer- *Level Five and Six beds*- Brad handed out information on level five and six beds in Kansas. Child and Family, not MH, manage these facilities. There was particular interest in the role JJA plays in the placement of youth at these facilities. Mary Beth Kidd, the JJA representative on the GMHSPC, may be a good resource for more information on this topic. During this time, Dr. Dyer from LSH handed out an article titled "Incarceration of Youth Who are Waiting for Community Mental Health Services in the United States" from the US House of Representatives Special Investigations Division, dated July, 2004. Page 13 contains information about Kansas.
  - Brad will work on obtaining more information with definitions, ages, numbers of kids served, and whether they are secured facilities or not, also

- Do the level and five and six use seclusion and restraint? also
  - Waiting lists?
- Steve Feinstein- *NAMI Policy Report*- Steve handed out copies of the forwarded e-mail's on Dual Eligibles.
- Rose Mary and Wes -*Aging Subcommittee update*- Rose Mary handed a copy of the KU School of Social Welfare, Office of Aging and Long Term Care report "Connecting Older Kansans with Community Mental Health Resources " Pilot Study. She suggested that the subcommittee consider having Kim Reynolds do a presentation on this work. This work may contain a tool for screening older adults for mental health issues.
  - Presentation may be made to GMHSPC
- SPMI/SMI Age 65 & older by county: Map- This map had to be revised due some miscalculations.
  - Nocona and Cornelia Jeffery (HCP/MH) will recalculate and revise map based on new information
- Targeted population by county- this information is also being refined.
  - Nocona will bring updates to next meeting
- SPMI Definition- This was handed out for the subcommittee to review prior to the presentation of information on the Updated NFMH/Diagnosis data

Scott Jackson and Ron Denney explained the array of services list needs to be grouped and this information used in the organization of the data the subcommittee is obtaining from numerous resources. Revisions will be on going for a while until the committee has the array put into manageable groupings. A suggestion that the topic "Acute Care" be added as well as making Co-Occurring it's own category, separate from Substance Abuse. Other suggestions include organizing around needs.

- Subcommittee members are to send suggestions to Becky Rinehart (SRS HCP/MH) prior to the next meeting regarding these issues and any others they may have.

Future meeting dates are: March 16 at SRS Learning Center Room D, April 20 at KNI Wheatland Rooms A&B and May 18 at the SRS Learning Center, Room D. The time will remain at 9-noon.

Agenda items for the March meeting may include the following:

Updated Hospital maps and data	Maggie	15 mins
Updated NFMH/Diagnosis data	Sheri and Nancy	15 mins
Updated Array of Services Graphic	Scott, Ron and Kathy	45 mins to 1 hr.

The next meeting is scheduled for **March 16, 2005 from 9 am to 12 noon at SRS Learning Center Room D**, in Topeka, KS.

## Assignments:

**Array of Services-** (graphic format) Kathy Harmon, Scott Jackson, Ron Denney, Becky Rinehart; Notebooks with tabs on array topics-Kathy & Becky

Loss of Beds; Involuntary/Voluntary commitments; adolescent/child hospital beds and child vs adult beds; updated map- Maggie

Detox/Treatment Beds (Medical, Social) **on the Social Detox Providers: add column for the number served annually; is there a list of other facilities besides those licensed by AAPS?** Maggie and Melba

NFMH Beds separated; diagnoses- Nancy and Sheri

### Level five and six

- Brad will work on obtaining more information with definitions, ages, numbers of kids served, and whether they are secured facilities or not.
- Do the level and five and six use seclusion and restraint?
- Waiting lists?

Update Map of Over 65- Nocona and Cornelia Jeffery

Update information on targeted population by county-Nocona